



On My Own
Independent Living Services

EMPOWERED PARENTING Program

The Empowered Parenting Program (EPP) utilizes structured, skill-building training curriculum. Our aim is to assist parents with developing confidence in their ability to develop routines that provide the parent and child with a predictable and supportive home environment.



**Understanding
Child Milestones**



**Building a support
network**



**Understanding Parent
Responsibilities**



Call Today



Contact Us
(916) 726-0792



Visit Our Website
www.onmyown-web.com



Our Location
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